



# City of Ocoee Police Department

646 Ocoee Commerce Parkway, Ocoee, Florida 34761 (407) 905-3160 - Media Relations Division

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## Women's Self Defense S.A.F.E. Program

FOR IMMEDIATE RELEASE

Date: June 8, 2010  
Contact: Sergeant Robert Rivera  
Phone #: 407-905-3160, ext 3315

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### OCOEE POLICE DEPARTMENT

DATE AND TIME: June 12, 2010 9 AM TO 12 PM

LOCATION: City of Ocoee Police Headquarters  
646 Ocoee Commerce Parkway, Ocoee Fl. 34761

June 12, 2010 at 9AM, the City of Ocoee Police Department will present a Self Defense Awareness & Familiarization Exchange for Women. This is a one time for women only 3 hour presentation on self defense and safety awareness.

The class is presented by Ocoee Police officers using the National Self Defense Institutes S.A.F.E. curriculum. The class is **free** and limited to the first 20 eligible participants. Additional S.A.F.E classes will be announced in the future.

Participants must be at least 13 years old. Preference will be given to Ocoee residents, but others may fill available seats.

For more information or to register please contact Officer Richardson at (407) 905- 3160, ext 3041 or [wrichardson@ci.ocoe.fl.us](mailto:wrichardson@ci.ocoe.fl.us).