

## Frequently Asked Questions:

### How do I register?

Registration is held on designated days for all available sessions during the summer. Any remaining spots will be on a first come first served basis during the season. Please bring a cash, credit card, **check** or **money order** in the amount of \$70.00 for 7 group lessons, \$100.00 for 4 semi-private or \$150.00 for 7 private lessons.

### What happens if it is raining or there is a storm prior to or during my lessons?

Class will only be cancelled if there is thunder/lightning or heavy rain. Your child's instructor will call and let you know if lessons are canceled 15 minutes prior to the start of the lesson.

### If I miss a swim lesson due to a personal reason do I get to make it up?

No. Swim lessons will only be made up if the City cancels the class due to weather.

### Can I use the pool before and after my lessons?

Payment for the swim lesson program entitles the participant use of the pool during that lesson only. Pool admission must be paid for use of the pool after lessons.

### Do I get a refund if I find out that I cannot attend an entire session?

No refunds after the first class starts, no exceptions! There will be a \$10 administrative fee to process the refund. A reform form must be completed. Contact Adrian Dorsey (adorsey@ocoee.org)



## City of Ocoee Parks & Recreation Department

### **Aquatic Facility**

1820 A.D. Mims Road  
Ocoee, FL 34761  
(407) 905-3180

### **Aquatic Staff**

Toren Hogan  
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Adrian Dorsey  
Recreation Supervisor  
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(407) 905-3180

# SWIM LESSONS

City of Ocoee  
Parks & Recreation



# 2022 CLASS INFORMATION

## Swim Lesson Information:

### Group Swim Lessons/Private Swim Lessons

- ◆ There will be a total of 5 group swim lesson sessions held which consist of 7 thirty minute lessons.
- ◆ Morning group lessons (9am-11:30am) are offered Monday - Thursday, with make-ups on Friday.
- ◆ Private lessons will consist of 7 thirty minute lessons every Saturday or Sunday morning between the hours of 9:00am -11:30am.
- ◆ This season we will offer a semi private lesson which starts May 7th and 8th. (4 Saturdays or Sundays).
- ◆ Participants are guaranteed ONE make-up class per week if there is a pool closure due to technical difficulties, a storm or biological hazard.

### **Infant Swim Lessons (6 months - 2 yrs)**

In this class the instructor will focus on making the infant comfortable in the water while teaching basic skills. The instructor will also offer instruction in any additional areas requested by the parent or guardian.

### **Children's Swim Lessons (3 yrs - 17 yrs)**

This class is organized into different levels based on the swimming abilities of the participant. Please see the Swim Lesson Level Descriptions located in this brochure.

## Swim Lesson Schedule:

### Swim Lessons Registration Dates

#### **Residents Only:**

March 18 and 19 .....9:00am - 5:00pm

March 25 and 26 .....9:00am - 5:00pm

#### **Residents & Non-Residents:**

April 1 and 2 .....9:00am - 5:00pm

April 15 and 16 .....9:00am - 5:00pm

### After April 2 registration based on availability

#### **Session I—\$70 Lesson Dates**

Morning: May 31, June 1, 2, 3, 6, 7, 8, 9

#### **Session II—\$70 Lesson Dates:**

Morning: June 13, 14, 15, 16, 20, 21, 22, 23

#### **Session III-\$70 Lesson Dates:**

Morning: June 27, 28, 29, 30, July 5, 6, 7, 8

#### **Session IV-\$70 Lesson Dates:**

Morning: July 11, 12, 13, 14, 18, 19, 20, 21

#### **Session V-\$70 Lesson Dates:**

Morning: July 25, 26, 27, 28 Aug. 1, 2, 3, 4

#### **Private I -\$150**

Saturday June 4, 11, 18, 25 July 9, 16, 23

Sunday June 5, 12, 19, 26 July 10, 17, 24

#### **Private II -\$150**

Saturday July 30. Aug. 6, 13, 20, 27 Sept. 3, 10

#### **SEMI PRIVATE-\$100**

Saturdays– Session 1: May 7, 14, 21, 28

Sundays– Session 1: May 8, 15, 22, 29

Sundays– Session 2: July 31, August 7, 14, 21

## Swim Lesson Level Description:

### IPAP: Infant and Preschool Aquatics Program.

This program is designed to help young children (ages 6 months old - 2 years old) to become comfortable in and around the water.

#### Level I: Water Exploration (3-6 years)

Students will learn to put their face in the water and blow bubbles, float on their front and back **with** support and learn the proper arm and leg swim motions.

#### Level II: Primary Skills (6+ years)

Students learn to float **without** support and to recover to a vertical position. This level also marks the beginning of true locomotion skills, using arms and legs, and rhythmic breathing.

#### Level III: Stroke Readiness.

Students learn the coordinated motion of the freestyle and backstroke. This level will also be continued work on rhythmic breathing.

#### Level IV: Stroke Development & Refinement

Students will better develop their freestyle and backstroke . Students will also be introduced to the breaststroke and butterfly.